

## ZANSKAR MEDICAL CAMP

**2017** will focus on health care education, continued collaboration with traditional healing modalities and providing the following services;

**WOMENS HEALTH** - follow up cervical cancer screenings

**PEDIATRICS** - kids health screening and treatment, this year we have a Pediatric Cardiologist on board

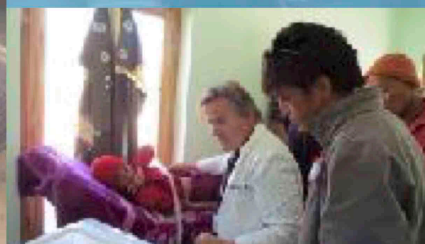
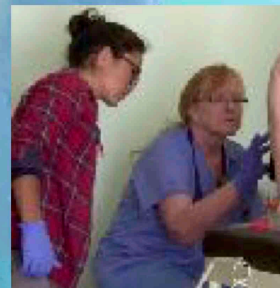
**VISION** - screening for future cataract treatment camp

**GENERAL MEDICAL**- screening and treatment for general health by Urgent Care Physician

**MIDWIFERY** - continued training of pre natal and safe delivery by OB/GYN

**PHYSICAL THERAPY** - massage and PT treatment and education

**HEALTH EDUCATION**- continuing to implement educational opportunities including scholarships for local health care workers.



**How it began...**In 2014, Geshe Yonten invited a TCEF service group to the remote Himalayan region of Zanskar to access the health care. The Dalai Lama was in Zanskar at the time and we were honored to have an audience with him. He told us "you must continue this work."



The Dalai Lama Fund granted the committee funds to build a hospital for both allopathic and traditional medicines in Padum, the district center of Zanskar.

June 2016, TCEF sponsored the first medical camp, opening the Sowa Rigpa or "Dalai Lama Hospital." Working with 12 translators the team saw over 1700 patients in 23 days. In coordination with the Himalayan Women's Health Project, 268 cervical cancer screenings were performed.

The team worked in collaboration with the Amchis, the local traditional healers and a team of acupuncturists from Singapore, providing screening and treatment for a variety of health issues such as; hypertension, Hpylori, pediatric heart problems, pneumonia, pre natal care, TB, cataracts, arthritis, kidney and gall stones, rickets as well as acute illnesses and injuries.

The ultrasound machine, EKG and colposcope purchased for the hospital with the generous donation of supporters were extremely valuable tools for diagnosis and treatment.

Education of the local health care workers was a major focus of the camp. The Zanskari's are eager and quick to learn.

The team has been invited back for Medical Camp #2 in 2017. We are currently recruiting : **Medical professionals and support personnel. If you are nterested in joining this life changing adventure please contact Project Manager**

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