



Annual Report 2016

Tibetan Children's Education Foundation

What You Helped TCEF Achieve in 2016

With your help, this is what we were able to do this year:

- Help educate 100 Tibetan school students
- Offer scholarships to 8 college students
- Support 90 Tibetan elders
- Offer medical services to 1700 people in the remote Zanskar region
- Build a new children's park to benefit 100 children
- Improve washroom facilities for 60 children at the RBS hostel
- Offer mid day days to 35 monks at Dudbi Monastery
- Support mid day meal program for Pema Tsal Academy, Sikkim for 100 children
- Spend \$140,000 directly on the above programs



Transformation Through Education

With your help we were able to sponsor the school education of over one hundred students this year. Transformation through education is a slow process but we can actually see the changes in the lives of the children we support. Many of them are moving from primary to middle and then finding their way to high school. Some of them even to college.

Supporting Tibetan Students in College

This year we supported 8 Tibetan students in various colleges in India. Three of them completed their Nursing degrees and are now doing internships. The majority of the others will be completing their degree programs in 2017. Stanzin who is studying Accountancy and Namgyal who is majoring in Geography may pursue Masters programs!

Spent \$50,000 to support 100 students in schools, plus 8 college scholarships



Message from India Supera - TCEF President

It is such a pleasure to be here after 22 years, seeing how successful our Foundation has become! Kyitsel-ling is thriving with education in computers, dance and music and is sending more and more strongly-prepared students to college

The Hostel in Sikkim is doing well and we will continue to support its mid day meal plans. In Dharamsala, we helped another hostel improve their washroom facilities. Valerie Hellermann will be soon taking another medical group to Zanskar. We couldn't have done any of this without you. Please continue your support to TCEF!



TCEF service team providing medical services to the people in Zanskar.

Medical Service Trip to Zanskar

The TCEF service team to Zanskar treated over 1700 patients. Cervical cancer screening was provided for the first time for 800 women. With your support TCEF purchased an ultrasound machine, colposcope, EKG machine and needed medications and medical supplies. The team spent over \$47,000 in providing these vital medical services in the remote area of Zanskar.

Providing education and specific medical training for Zanskari healthcare workers both by the medical team and in educational centers in India is a goal of 2017.

The medical and educational team is returning to Zanskar, June 2017.

RBS Hostel Washroom Project

The Ramdha Buddhist Society (RBS) runs an educational hostel at Sidhpur, near Dharamsala. This hostel provides vital education access to Himalayan children in remote areas like Lahaul and Spiti. This project will repair the



entire washroom complex and build much needed additional toilets and showers for both girls and boys. It will also install solar panel to heat the water for both the kitchen and washrooms.



RBS Hostel Continued....

The hostel is located at Sidhpur near the foot of the Himalayas where it is cold for several months. 60 children at this hostel will benefit from this project. Huge gratitude to the Good Works Institute, ID for funding this project.

New Children's Park for Kyitsel-ling



Nothing makes children happier than playtime. 100 children at Kyitsel-ling Tibetan Children's Center, Clement Town will enjoy new playground equipment at their children's park. Thank you Michael Willing for initiating this project and to everyone who contributed!

Expanding the Elders Program.

Thanks to your support we are able to expand the sponsorship program for the elders. At least a few elders received increased sponsorship funds and several of them received extra gifts during the Holidays. For the elders on the program, the sponsorship funds not only help them with food, clothing and other basic needs, but sometimes, it helps them

realize their personal dreams. This is what the funds meant to Tenphel an elderly Tibetan monk on our sponsorship program this year:



"This year His Holiness The Dalai gave a Kalachakra teaching at Bodh Gaya, India, the place where the Buddha was born. For a Tibetan

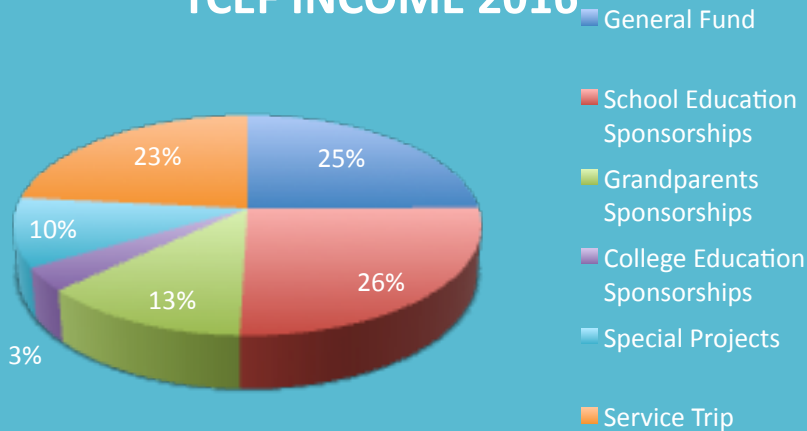
elder like myself, it is a dream to attend such a teaching. Usually a poor monk like me would struggle to get there and bear all the expenses. My sponsorship funds made a big difference for me and I cannot say how blessed I feel to have had this opportunity."

This year TCEF spent \$26,000 to help 90 Tibetan elders

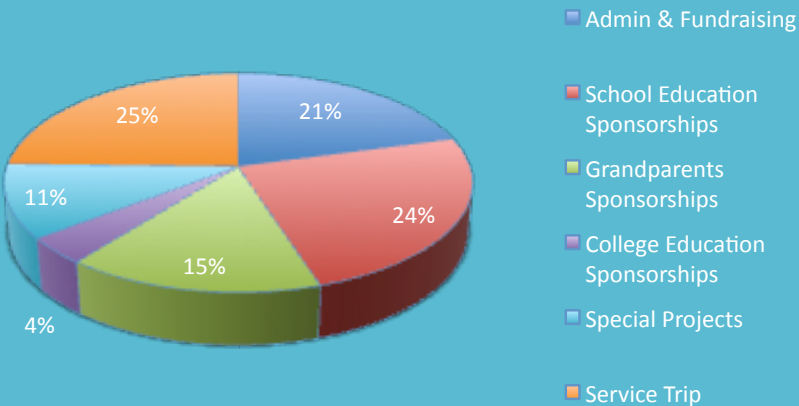
2016

TCEF FINANCIALS 2016

TCEF INCOME 2016



TCEF EXPENSES 2016



The TCEF General Fund

The Annual Helena Fundraiser - Bollywood Night & Donations were the main source of our General Funds

Special Projects in 2016

RBS Washroom Project, Sidhpur, N India

Kyitsel-ling Playground Project, Clement Town, N India

Teacher Sponsorship Project, TNMF School, Clement Town, N India

Dubdi Monastery Lunch Project, Yuksom, Sikkim, NE India

Pema Tsal Academy, Mid day Meal Project, Pademchen, Sikkim, NE India

In 2016 TCEF spent over \$140,000 to support Tibetan elders, do medical service in remote areas of Zanskar, sponsor the school and college education of Tibetan children in exile and fund the special projects above.

TCEF

Tibetan DOE, Dharamsala

Gu Chu Sum Organization, Dharamsala

Partners

Kyitsel-ling, Clement Town

Ramdha Buddhist Society, Dharamsala

in India

Sambhota Tibetan Schools, Dharamsala

Pema Tsal Academy, Sikkim

In Appreciation

Our work is possible only with your support. For TCEF, this is not a cliché, just a simple truth. Huge gratitude to everyone who supported our work in 2016.

Donors above \$1000 in 2016

Carla Ada
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New Sponsorships in 2016

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Christopher Wilson
Beth Wipplinger
Gay Herrington
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Sharon Loannon
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Bollywood Fundraiser 2016
Performing Artists
Prashant Kakad and
Bollywood Dreams LLC

Tsering Lodoe, NYC
Sponsors and Key Supporters of Bollywood Fundraiser:
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Asia Garden Restaurant,
Feathered Pipe Foundation
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Howard Johnson, Helena
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Gendun Sangmo
Mara & Tama Adelman
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Lewis & Clark Brewery

Plus, all the other sponsors and our wonderful volunteers! Thank you so much!

Special Thanks
to
Ann Down
&
The Good
Works Institute,
ID
for funding the
RBS Washroom
Project 2016

How You Can Help TCEF

1. Host a TCEF event

Hosting a TCEF event is one of the most significant ways to help. A TCEF event can be whatever you want it to be - often it is small intimate gatherings of a few friends and family members all wanting to do some good OR we can get help and make it bigger and more attractive - feature a Tibetan artist, create a sand mandala, show a Tibetan movie or anything else that you think might be fun! Any TCEF event, no matter how ever small has the potential to benefit many Tibetans. In partnership with TCEF, you can really make a difference. So this year, if you're able to help, please contact me karma@tibetchild.org. I promise to follow all leads.

2. Sponsor the education of a Tibetan child

Recently the sponsorship coordinator of the Sambhota Tibetan Schools Society, Dharamsala went on a needs assessment tour of Tibetan settlements in the Northeast of India where about 5000 Tibetan refugees are rehabilitated. He identified more than 95 really poor students that needed help. The Tibetan families here are very poor and they really need help for their children's education. We have our work cut out to find sponsors for these children.

3. Sponsor a Tibetan Elder

In April 2015, I returned from India with many case histories of Tibetan elders that need help. We've been able to find sponsors for a few of them - but I still have many elders that need help. Please consider helping a Tibetan elder at \$35 a month. On information on the elders sponsorship program is available at: <http://www.tibetchild.org/become-a-sponsor/sponsor-an-elder/>

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2016