



THE TCEF COMMUNITY

Last month I attended the online Feathered Pipe Foundation fundraiser. As I sat through the event, the sense of the Feathered Pipe community came through powerfully. In their presentations, conversations, and Zoom chat portal, there was this common thread of people woven together by their experiences at the Feathered Pipe ranch here in Montana. It was beautiful. There was this sense of friendship and connection. The ranch and the wonderful teachers here were the connective tissues that brought this community together.

That set me thinking: What are the connective tissues for our little circle at TCEF? What binds us together? What makes us a community in our own way? There is a thread that leads back to India Supera and the Feathered Pipe for some. For others, it is Jennifer Prugh and the Breathe Together Yoga studio in Los Gatos, California. Then, there are those I met on a ten-year-long campaign of travels across this amazing country. We have people from many different walks of life. So what is the common thread or the connective tissue of the TCEF community? As a Tibetan, it is easy for me to think: it's love for the Tibetan culture and the empathy for the plight of the Tibetans - now in the darkest hours of their history. Yes, it is that for sure. But maybe there is another layer to it - a layer of people wanting to help someone or some cause in dire need, of people supporting 'the little guy' against a mighty opponent, of people wanting to make a difference in the lives of others - even though they might be on the other side of the globe. It is a community of people with good hearts, practicing generosity and making a difference for a group of people going through one of the darkest periods in their history.

With all the blessings of living here in Montana, we really don't have much of a Tibetan community. Now in my 20th year at TCEF, I've started to think of you all as a community more than ever before. Whatever it is that binds us - I'm grateful to have you all!

PROGRAM SERVICE ACHIEVEMENTS 2021



With your help, in 2021 TCEF was able to do the following:

- Help educate 100 Tibetan, Himalayan and other needy students
- Offer scholarships to 12 college students
- Increase our Elder Sponsorship Program to now support over 100 Tibetan elders
- Reach out and help Tibetan elders in new locations like Chauntra and Bir in Himachal Pradesh.
- Provide much needed Covid Relief funds to Tibetan communities in Dharamsala, Dekyiling, Clement Town and Kathmandu, Nepal.
- Start the Tibetan Culture Transmission Project - helping Tibetan and other children learn the best tenets of this endangered culture through simple videos.
- Raise awareness of Tibet, Tibetan issues and Tibetan culture through the Voices for Tibet series of interviews with Tibet supporters and cultural ambassadors.

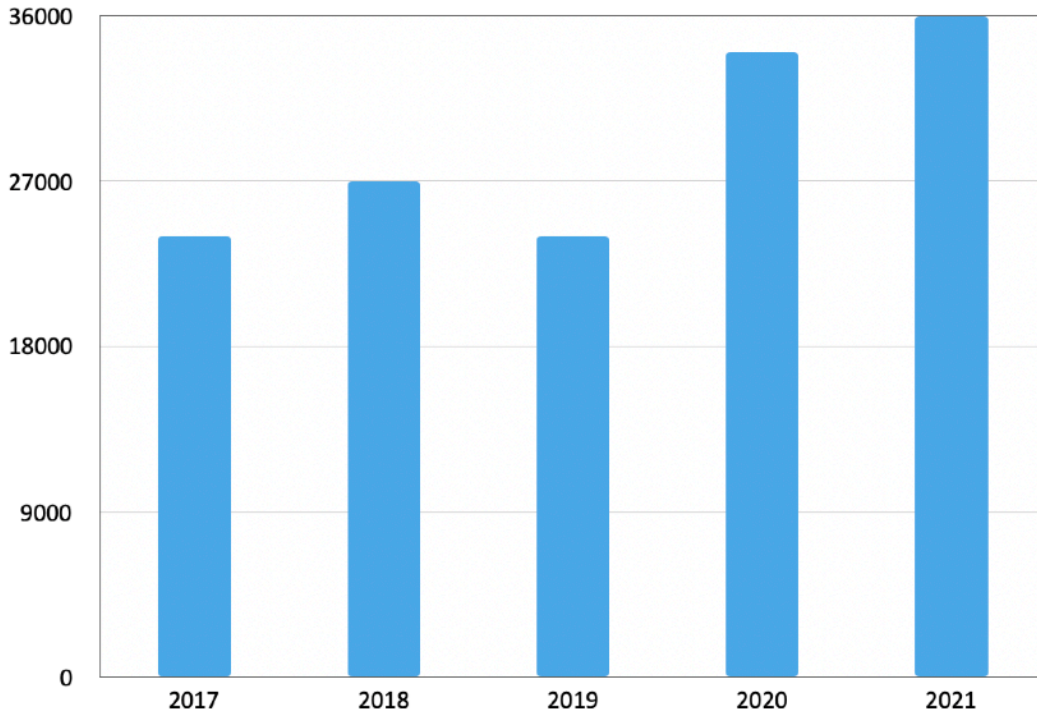
**TCEF BOARD
OF
DIRECTORS
AND
STAFF
DEC 2021**

Jennifer Prugh - President
Dave Andersen
Jane Amdahl
Carina Wilmot
Nyima Dolma

Roy Andes - Secretary
Roberta Anderson
Jane Wieland
Alan Davis
Lodoe Gyaltsen

Karma Tensum - Executive Director

EXPANDING THE ELDERS SPONSORSHIP PROGRAM



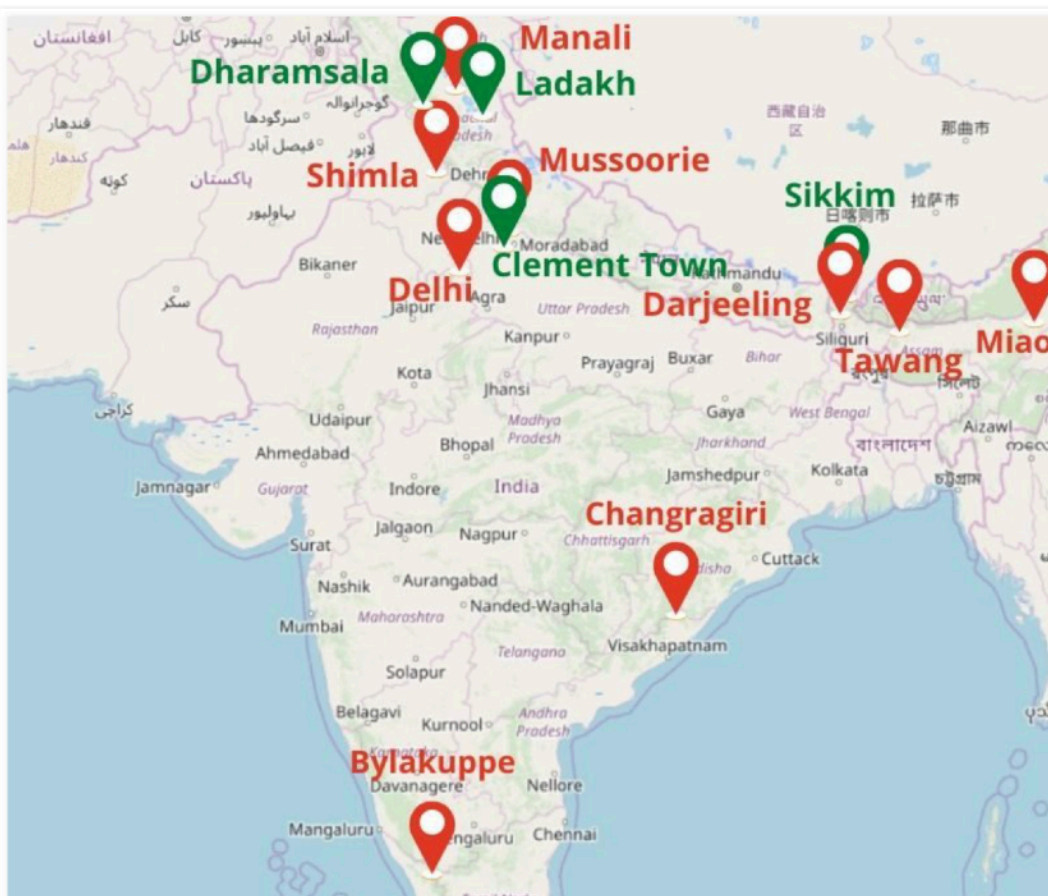
Funding for Elders Program Last Five Years

Even though the last couple of years have been globally challenging, thanks to the loyalty and support of our sponsors, TCEF was able to continue all our programs to help the Tibetans.

In particular, we are grateful that our elders in need have the help they need and deserve. Since the inception of the program, support for the elders have grown steadily. Our annual spendings on them have increased steadily over the years. This year we reached \$36,000 in program funds to the elders.

Our sponsored elders are spread across many Tibetan communities in exile. In this map, the red and green arrows show where they come from.

Looking Ahead: In collaboration with committed partners in India, we hope to search out the most needy Tibetan elders in exile. We know this generation has faced huge challenges, and truly deserve all our love and support.



COVID RELIEF IN TIBETAN COMMUNITIES

Aside from our sponsorship programs, every year we try to do one or more projects - where the need is the most. In May the second wave of Covid hit many Tibetan communities really hard. This year instead of an educational project, we fundraised and focused on doing our part in helping affected Tibetan communities. Again, with the generous support of TCEF supporters we were able to send over \$20,000 to help Tibetan communities in Dharamsala, Dekyiling, Clement Town, Chandrabani and Kathmandu, Nepal. Our partners for this project were: Delek Hospital, Dharamsala, Kyitsel-ling Tibetan Children's Education Center, Clement Town, and the Office of Tibet in Nepal.

READ MORE AT WWW.TIBETCHILD.ORG >>>



The Voices for Tibet series of interviews captured the voices of people who love Tibet, love the culture and support the issues of Tibet. It was undertaken with the hope that they might inspire others to also help.

We were also fortunate to interview some amazing Tibetan cultural ambassadors like Lobsang Samten la - the first person to construct a Tibetan sand mandala here in the West, or Dr. Tawni Tidwell - the first Westerner to train and become a Sorig - or Tibetan Medicine doctor. From this lens, the interviews helped to educate and raise awareness of Tibetan culture.

ALL VOICES FOR TIBET INTERVIEWS ON YOUTUBE

TIBETAN CULTURE TRANSMISSION VIDEOS



This video series is aimed at teaching Tibetan children (and others), core values and essential understandings of the Tibetan people, their history and culture. It is aimed at providing a fun and easy way for the children to learn.

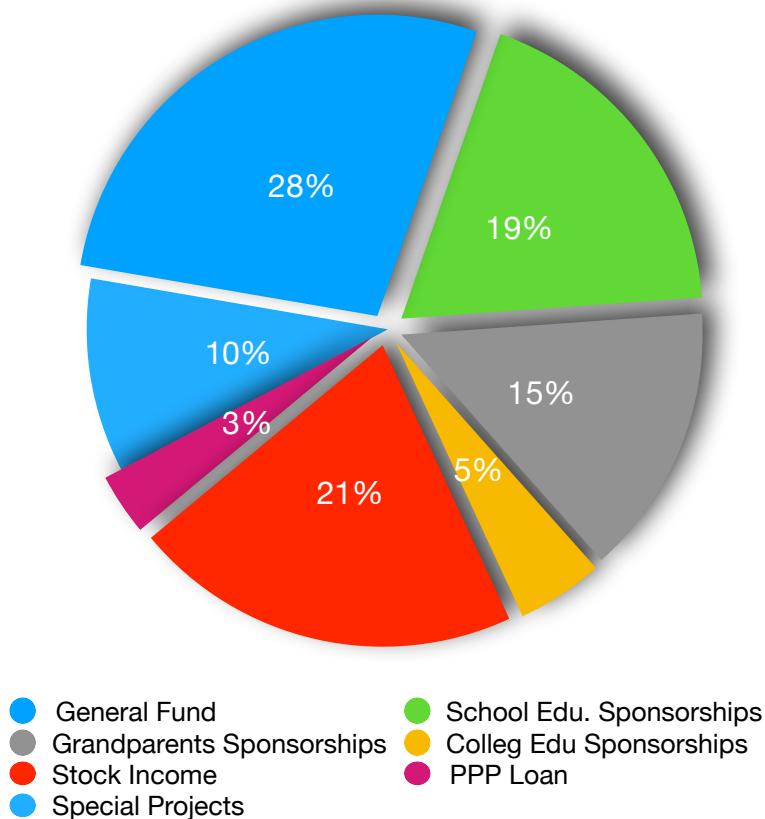
We've been wanting to start this project now for several years. From that lens, I'm grateful we were able to make a modest start - thanks to Tenzin Nyibum la, and Wild Tibet Pictures Inc. New York. However we are realizing that beautiful videos and content can only be created once the Tibetan communities in exile are fully open. We plan to pick up the thread of this important work once we have access to the beautiful children, the monasteries, stupas and prayer flags fluttering from the rooftops of Tibetan homes in exile.

Special gratitude to Ann Down and Robin Fox for major funding for this project



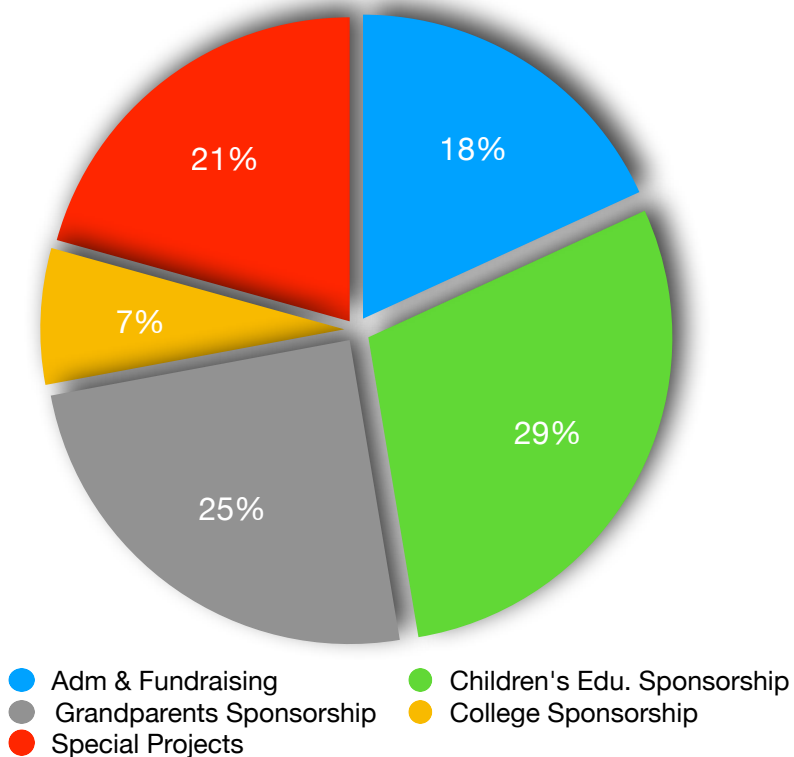
TCEF FINANCIALS 2021

INCOME 2021



- General Fund Income includes Donations & Fundraisers
- Sponsorship Programs make up about 40% of TCEF's total revenue
- We are grateful for donors who have contributed to our small stock portfolio. We're thrilled that this year income from stock make up over 20% of our income.
- Special Projects Income include grants and donations to the Tibetan Culture Transmission Project & Covid Relief Relief fundraiser.
- Thanks to your support, this was a record Income year for TCEF!

EXPENSES 2021



- This year TCEF spent less than 20% on Adm. & Fundraising
- Special Projects include the Tibetan Culture Transmission videos & providing Covid Relief to affected Tibetan communities.
- Really happy to report increased spendings on both the Grandparents and College Sponsorship Programs
- Thanks to your support, even in these challenging times, TCEF was able to provide all our usual services to the Tibetan children and elders.

TCEF NEWS 2021



VJ SUPERA - TCEF FOUNDER & OUTGOING PRESIDENT

VJ Supera is one of the Tibetan Children's Education Foundation founders. Along with the late India Supera, Bill Wilmot, Deanna Sheriff, and Roy Andes, she played a key role in founding this nonprofit that has touched the lives of thousands of Tibetans over 25 plus years. She has been a board member since its inception in 1995. After serving for 26 years, VJ is now stepping down from board president.

Also stepping down this year are long-time board members Crystal Water and Wintersong Safronoff. Both contributed significantly to the growth of TCEF. On behalf of all the people we've helped, TCEF would like to express our gratitude to all of them.

Tseten Dorjee Bhutia, who joined the board last year, is temporarily withdrawing to recover from Covid.

Stepping into VJ's big shoes as board president will be Jennifer Prugh. Jennifer is no stranger to the TCEF community. She's been a board member for over ten years, loves Tibet and its culture, and has already greatly helped TCEF. As the owner of Breathe Together Yoga (BTY) studio in California, she uses that community to find sponsors and support for the foundation. She will bring her passion for working with the Himalayan people to expand our programs to that belt.

We look forward to her vision and leadership.



JENNIFER PRUGH - NEW TCEF PRESIDENT



TCEF | 26
YEARS

TCEF PARTNERS IN INDIA 2021

KYITSEL-LING TIBETAN CHILDREN'S
EDUCATION CENTER

SAMBHOTA TIBETAN SCHOOLS SOCIETY,
DHARAMSALA

DELEK HOSPITAL, DHARAMSALA

OFFICE OF TIBET, NEPAL

In Appreciation

Our work is possible only with your support. For TCEF, this is not a cliché, just a simple truth. Huge gratitude to everyone who supported our work in 2021

Donors above \$5000

Karen Davidson
Jennifer Prugh
Ann Down
Robin Fox
Herbert Hevener
Dori Garfield
Dr & Mrs. Ira Casson

Donors above \$1000

Jamie Harmon &
Kelly Cline
Otten Foundation
Crystal Water
Dr. Thomas Frentz
Gail Mahnke
Dorothy Cline
Mary Mosham
Frances Kinkade
Curt & Colleen Drake
Scott Belair
Adrain & Constance Heidenreich
Jane Easton
Jane Amdahl
Patricia Mertens
Gary Sanders
Deirdre Breen & Tom Kelly
Dave Andersen
Tshering Doma Shakya
Susan Mullen Davis
Lynne Burkhardt
Shelly & Sundar Das Dorai Raj
Janet & Ross Kimmerle
Thomas Ziegler
Joan Marks
Melanie Trost
Tessa Wilcox
Eleanor Prugh
Sally Weaver
Vicki Chapman & Dugan Coburn
Sabine Prather

Donors above \$1000 contd.

Marc & Amity Cooper
Whitney Spagnola
Susan Fox
Carina Wilmot
Eva Alexander
Jennifer Pryor & Bill Crenshaw
Alan Davis & Karen Cooper
Brenda Blessings & Michael Love
Laughing Water
Steven Wallingford
William Bowen

New Sponsorships in 2021

Catherine Bayer
Alan Davis & Karen Cooper
Kaley McCumber
Sabine Prather
Dave Andersen
Peabody Bradford
Crystal Water
Laughing Water
Steven Wallingford
Stan & Treva Voreyer
Sally Weaver
Cora Wen
David Englund
Sangyatso Topgyal
Zita Xavier
Will Kerslake
Vicki Chapman
Nell Delao
Bruce Doan
Jamie Harmon & Kelly Cline
Christopher Wilson
Alan Fanning
Lynne Burkhardt
Samantha Savage
Chery Hart & Dan Fritz
V J Supera
Scott Belair

New Sponsorships 2021 Contd.

Jane Wieland
Ann Down
Dr. Elaine Yarbrough
Aimee Ryan & Family
Michael Fraser
Susan Mullen Davis
Pamela Smith & James Heckel
Clare Woods
Tenzin Yangkyi
Robin Fox

Annual TCEF Fundraiser

Event Sponsors:

Drake Law Firm, Helena
Feathered Pipe Foundation,
Helena
Asia Garden Restaurant, Butte
Real Food Market & Deli, Helena,
Crowley Fleck PLLP, Helena
Deer Creek Corporate Services,
Helena

Zoom Tech Help :

Crystal Water

Call for Cash:

Jim Davis

Covid Relief for Tibetan Communities

Volunteer Coordinator:

Tenzin Jigme

2021