



TIBETAN
children's
EDUCATION
FOUNDATION

ANNUAL REPORT
2022



MOVING FORWARD WITH GRATITUDE - MESSAGE FROM TCEF PRESIDENT JENNIFER PRUGH

This year has already been exceptionally positive for the Tibetan Children's Education Foundation. Thanks to so many of you, we entered the first weekend of 2023, having had a successful yearly fundraiser in November. We were able to act upon one of the essential tenets of TCEF's mission; sharing Tibetan culture through a visit by Venerable Lobsang Samten and Karma Tensum to my yoga studio in Los Gatos, California. So much was learned and shared!

Because of you, this year, we have already been able to expand our giving to more Tibetan elders living in India.

Now we're turning our attention to growing our reach by potentially supporting two schools in the remote region of Ladakh, India. We invite you to join us in Ladakh this August (while you do need to be in good health, you do not need to practice yoga to attend). We'll visit Tibetan monasteries, learn from Karma, and explore how best to support two schools in the Zaskar region; one is the Rainbow School, founded by a student who graduated from Kyitsel-ling. The circle of education continues.

We are also turning our attention this year to appealing for more college sponsorships. Many of our students will graduate from high school in the coming years. Supporting them as fully as possible means providing college education when students are eligible. Would you like to support a college student?

We also want to grow the Accelerated English Learning project. Having traveled to many locations where students benefit from knowing English, I hope to connect with a few schools worldwide. Imagine children at a school in Kenya and our Tibetan students able to share their experiences through Zoom, for example.

And do you know that Kyitsel-ling Tibetan Children's Education Center - TCEF's key partner, just celebrated 25 years? This is because of Karma Tensum, who has lived his mission in every way and inspired us through his dedication and presence. It is also worth mentioning India Supera, who we share as our mentor. She said years ago these words: "You are part of our mission to make an impact on the lives of many Tibetans. I appreciate that you care about supporting the future of Tibetans in Exile." Those words continue to be true. Thank you for your continued enthusiasm and dedication to all Tibetans.



With your help, in 2022 TCEF was able to do the following:

- Help educate over 100 Tibetan, Himalayan and other needy school students
- Offer scholarships to 15 college students
- Increase our Elder Sponsorship Program to now support over 120 Tibetan elders
- Reach out and help more Tibetan elders in new locations.
- Start a new sponsorship program for children in the tribal areas of Nepal
- Start the Accelerated English Learning Project as a pilot project in one school.
- Raise awareness of Tibet and Tibetan culture through newsletters and social media posts.
- Continue to support important projects at Kyitsel-ling, celebrating its 25th Anniversary.

**TCEF BOARD
OF
DIRECTORS
AND
STAFF
DEC 2022**

Jennifer Prugh - President
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HOW ENGLISH PROFICIENCY CAN HELP TIBET AND TIBETAN STUDENTS

In trying to help Tibetan education in exile, a question I ask myself often is - how can we make a REAL difference for the children? What will make help them the most in life?

I'm not sure I have all the answers, but, based on my own life, some amount of proficiency in English can really help. I write this with conviction. I know my own early education at Wynberg Allen School changed my life completely - but when I think about it deeply - more than anything else, it was the English proficiency that made all the difference for me.

In India the value of being fluent or even reasonably fluent in English is huge. This is primarily the reason why parents in India pay huge sums of money to send their children to English medium private schools. What is true for Indian students is equally true for Tibetan students in exile in India.

Yes, it is true that the medium of instruction in most Tibetan schools at the primary level is Tibetan. But at the middle and high school levels, the medium of instruction is English. Fluency in English impacts one's ability to both understand and master other subjects. If your English is weak, you are at a huge disadvantage because all other subjects are taught and examined in English. More importantly, after school, whether it be admission to good colleges or employment, English proficiency can play a huge role.

If we are truly hoping to make a difference for the children in our lives - the sponsored children and the children at Kyitsel-ling, helping them learn English is one of the best gifts we can give them.

ACCELERATED ENGLISH LEARNING PROJECT



In collaboration with Kyitsel-ling, we started the Accelerated English Learning Project at the local school at Clement Town - the Tibetan Nehru Memorial Foundation School. Some of the strategies to successfully implement this project include:

- Hiring a specialized teacher and increasing the amount of time allocated to the study of English
- Making available fun and colorful reading material in English
- Using internet resources and bringing key education technologies into the classrooms
- Devising strategies and learning activities aimed at putting miles on the tongue
- Consulting experts in the field

The school has already purchased a good collection of books for this project, and they've also recent hired a special teacher.

If this project is successful at Clement Town, we hope to reach out to other Tibetan schools. As far as educational projects go, this may be the niche where TCEF can contribute greatly to Tibetan education in exile.



NEW SPONSORSHIP PROGRAM IN NEPAL



Several of Bhime Sherpa's (our initial contact in this area) own children were sponsored children at Kyitsel-ling. He saw first hand how education changed the lives of his children and family. He reached out to TCEF to help truly deserving children from humble homes in the tribal areas of Nepal.

Board member Alan Davis, and his wife Karen Cooper, another long-time sponsor traveled there to assess the situation and see the needs first hand.

From their report, the children truly deserve our help.

We've made a small beginning with five sponsorships. In the years ahead we hope to help more children from this region.

TCEF PROGRAM PARTNERS in INDIA AND NEPAL 2022

KYITSEL-LING TIBETAN CHILDREN'S EDUCATION CENTER

SAMBHOTA TIBETAN SCHOOLS SOCIETY, DHARAMSALA

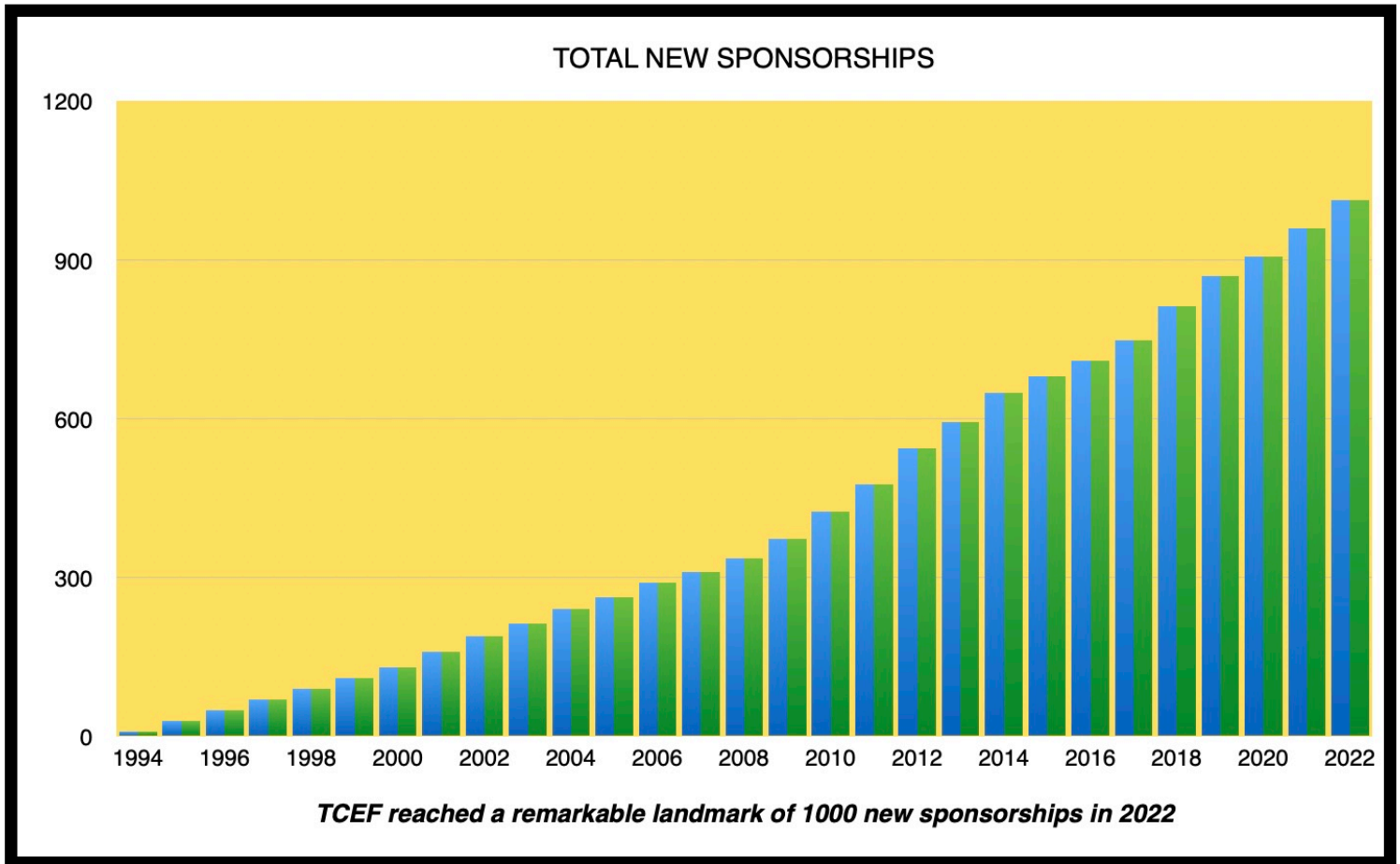
CHANDESHWORI ENGLISH MEDIUM SCHOOL, NEPAL



TCEF | 28
YEARS

2022

1,000 SPONSORSHIPS LANDMARK



The individual sponsorships of children and elders have always been the core work of TCEF. From really small beginnings, thanks to continued support of board members and sponsors, we reached the remarkable landmark of 1,000 new sponsorships.

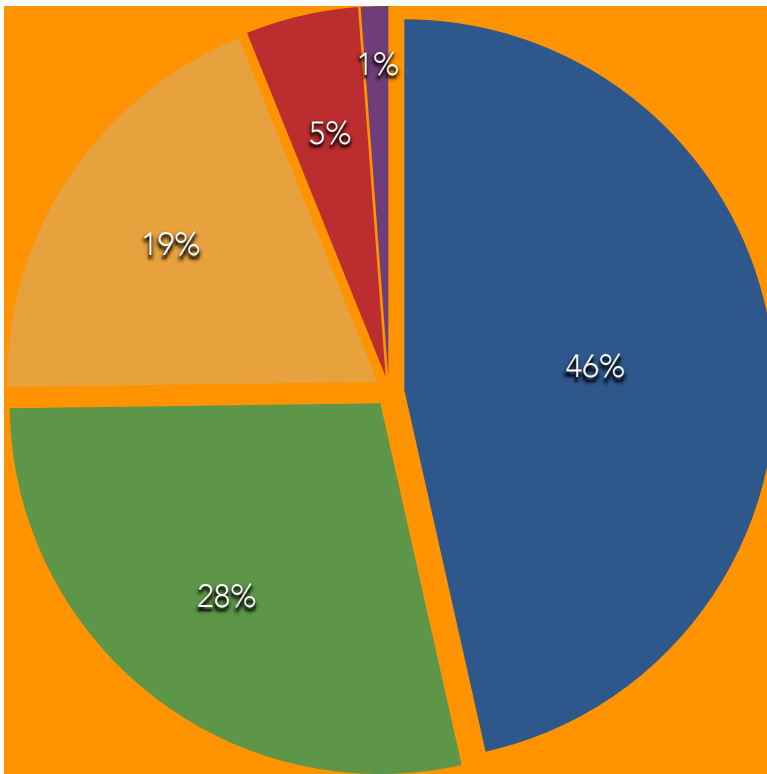
PUSH FOR MORE COLLEGE SPONSORSHIPS

At TCEF, we continue to ask these questions: With the changing times, what are some real needs of Tibetan education in exile? Where can we make a difference for them? This winter, we've had multiple conversations with our partners in India asking these very same questions.

The Tibetan population in the subcontinent is steadily decreasing due to interesting socio-economic trends and factors. Thanks to the efforts of HH The Dalai Lama and the early Tibetan leadership in exile, we have a good school infrastructure. In fact, at this time we may have more schools than we need! But, every year, hundreds of Tibetan students graduate from the Tibetan schools in exile. A high percentage of these students cherish hopes for a college education. We believe this is an excellent trend that can help them land good jobs in the Tibetan communities or even in the larger Indian job market. We think that helping needy and deserving Tibetan students access college education is worthwhile. In the years ahead we'd like to focus on and push for more college sponsorships.

TCEF FINANCIALS 2022

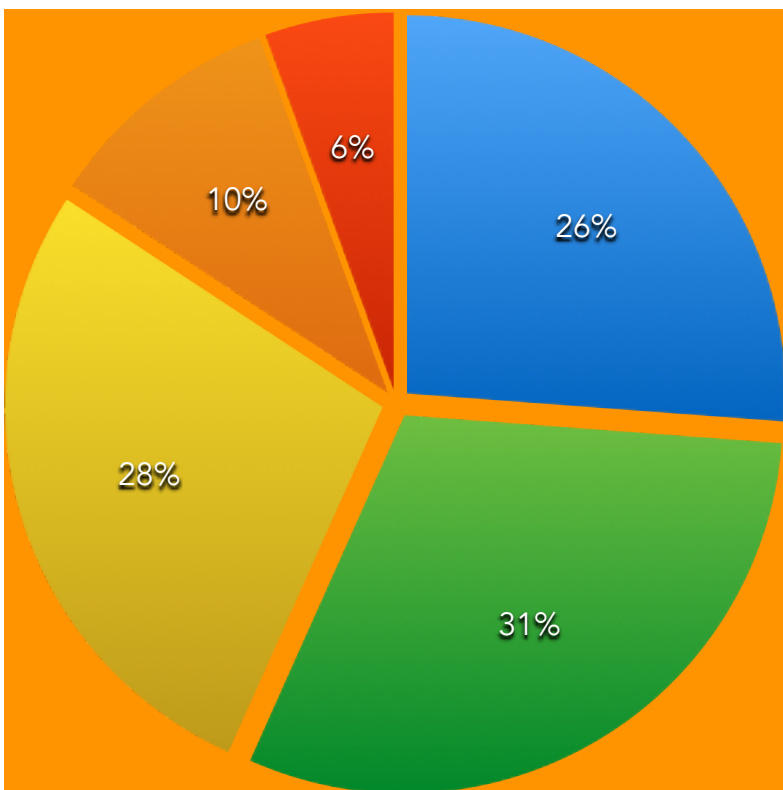
INCOME 2022



● General Fund
 ● Children's Sponsorship
 ● Elders Sponsorships
● College Sponsorships
 ● Special Projects

- Record General Fund income made it a successful year for TCEF
- Success of Annual Fundraiser greatly increased General Fund income
- Income from Sponsorship Programs continued to be strong
- Special Projects were Accelerated English Learning Project and Teacher Sponsorship

EXPENSES 2022



● Adm & Fundraising
 ● Children's Sponsorship
 ● Elders' Sponsorships
● College Sponsorships
 ● Special Projects

- Spent about 25% on Admin & Fundraising Expenses.
- Significant increase in support to Grandparents' Sponsorship
- Special projects were the Accelerated English Learning Project and Teacher Sponsorship
- Thanks to your support, we were able to increase spendings on all three sponsorship programs

LOOKING AHEAD



LADAKH

In 2023 we hope to travel to Ladakh and find out the real education needs of children in remote areas like Zaskar. We will explore possibilities to collaborate with local schools to implement projects that can make a real difference for these children.



The village of Mandhara, Nepal

NEPAL

In 2022, we started sponsoring a few children in remote/tribal areas of Nepal. We will continue efforts to help more children from this area.

EXPANDING COLLEGE SPONSORSHIPS

Our program partners suggested that helping college education is one of the real needs - something that can make a real difference for promising students. In the next few years, one of our focus areas will be to expand our college sponsorships.

ACCELERATED ENGLISH LEARNING PROJECT

In 2023 we'd like to continue supporting the pilot project at TNMF School. If the pilot project is promising, we'd like to expand this program to one or more Sambhota Tibetan Schools and make this the niche project for TCEF in the future.



In Appreciation

Our work is possible only with your support. For TCEF, this is not a cliché, just a simple truth. Huge gratitude to everyone who supported our work in 2022

Donors above \$5000

Karen Davidson
Jennifer Prugh
Ann Down
Robin Fox
Michael Willing
Herbert Hevener
Dr & Mrs. Ira Casson
Jamie Harmon & Kelly Cline
Susan Mullen Davis
Ken & Amy Body
Wendy Maguire

Donors above \$1000

Vicki Chapman & Dugan Coburn
Otten Foundation
Crystal Water
Dr. Thomas Frentz
Gail Mahnke
Dorothy Cline
Mary Mosham
Curt & Colleen Drake
Scott Belair
Adrain & Constance Heidenreich
Jane Easton
Jane Amdahl
Patricia Mertens
Deirdre Breen & Tom Kelly
Dave Andersen
Tshering Doma Shakya
Lynne Burkhardt
Jim Patton
Janet & Ross Kimmerle
Thomas Ziegler
Joan Marks
Melanie Trost
Tessa Wilcox
Jock Bovington
Marc & Amity Cooper

Donors above \$1000 contd.

Sabine Prather
Whitney Spagnola
Susan Fox
Carina Wilmot
Eva Alexander
Jennifer Pryor & Bill Crenshaw
Alan Davis & Karen Cooper
Brenda Blessings & Michael Love
Laughing Water

New Sponsorships in 2022

Terri John
Jamie Harmon & Kelly Cline
Thomas Ziegler
Katherine Henjum
Laughing Water
Dr. Thomas Frentz
Noell Clark
Joy Holloway
Joan Marks
Mark Cohen
Gay Herrington
Michelle Potts
Vicki Chapman
Ann Down
Jane Easton
Tenzin Yangkyi
Pamela and James Heckel
Dean Lerner
Brenda Blessings & Michael Love
Dori Garfield
Vanessa Brown
Herbert Hevener
Karen Cooper & Alan Davis
Susan Powell
Carina Wilmot
Scott Belair
Jane Easton
Jim Patton

New Sponsorships 2022 Contd.

Jock Bovington
Tsering Tsomo
Patricia Mertens
Nancy Lockhorn
Susan Mullen Davis
Jennifer Prugh
Jim Patton
Dr. & Mrs. Ira Casson
Charlotte & Mary Boscamp
Adrain & Constance Heidenreich
Ramon Veloz
Albertina Aboucher
Amy & Ken Boyd

Annual TCEF Fundraiser

Event Sponsors:

Drake Law Firm, Helena, MT
Feathered Pipe Foundation,
Helena, MT
Breathe Together Yoga, Los
Gatos, CA
Real Food Market & Deli, Helena,
Crowley Fleck PLLP, Helena, MT
Deer Creek Corporate Services,
Helena, MT

Zoom Tech Help :

Crystal Water

Call for Cash:

Jim Davis

Auction Portal and Web Work

Christy Eicher

2022